



CERTIFICATE

OF PARTICIPATION

This is to certify that

Ashleigh Mcdowell

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:31:06

PACE 07:52/km

OVERALL 522 of 834

08 July 2023, Sat

Date

GENDER 170 of

271

40+ 48 of 86



Signature